



ENGLISH BOWLS COACHES SOCIETY

Registrar Function: **Carol Watt-Sullivan**
149 Copers Cope Road
Beckenham, Bromley
Kent BR3 1NZ

Level One Assessment Requirements

Name:

License Number (To be allocated)

Address

Postcode

Email:

Tel

Mobile

Club

County

Trainer

Qualification Level
(min Level 2)

Assessor:
(Can be assessed
by trainer)

Qualification Level

Date of Assessment

Venue

1. Trainer's Record card showing satisfactory completion of the following:

- Awareness of Health and Safety
- Safeguarding children and vulnerable adults
- Basic purposeful, personal practices

2. Practical and Oral assessment should demonstrate the ability to:

- Coach a Beginner
- Answer questions on Coaching and the Sport of Bowls
- Give a 3 minute talk on a bowls related topic

Evaluation and feedback General comments to be discussed with applicant

Signature of assessor

date

Fee for registration only £9, if desire Level 1 Certificate as well fee is £14

COACHING A BEGINNER

Criteria	Yes/No	Comment
Was there adequate preparation and introduction?		
Was the pupil made welcome?		
Were the objectives made clear during the early part of the session?		
Were any physical difficulties identified?		
Was the pupil encouraged and motivated?		
Were appropriate QUESTIONING methods used to develop a smooth delivery?		
Was any measurable progress made by the pupil?		
Did the session reach its objectives?		
Was pupil given an opportunity to provide feedback?		
Did pupil enjoy the exercise?		
Was time allowed for a summary?		
EVALUATION & FEEDBACK		
<p>Signature date</p>		

QUESTIONS FOR LEVEL ONE COACHES

- 1 'Sports' coaches have to conform to ethical standards'.
Can you list what they are?

- 2 Prior to any coaching session you should ensure that your pupil/s are aware of certain things (identified in the manual as 'house keeping') can you list what they are?

- 3 When you are planning any coaching sessions what are the basic stages?
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- 4 If a beginner shows signs of instability on the mat how would you proceed?

- 5 If a beginner is bouncing their bowl what question might you ask?

- 6 If a beginner is not finding the correct line what question might you ask?

- 7 If you are introducing beginners to team play, what advice might you give them?

- 8 At the end of the first session with a beginner what questions might you ask?

- 9 Assuming you are working with children, list five of the guidelines that should be adopted.

- 10 List three things you should never do when working with children or vulnerable adults.

SAFEGUARDING CHILDREN AND VULNERABLE ADULTS.

POINTS FOR DISCUSSION

1	Children are mostly abused by strangers	True/False
2	It is only men who sexually abuse children	True/ False
3	Disabled children are less likely to be victims of abuse	True/ False
4	Girls are more likely to be abused than boys	True/False
5	It is more acceptable in some cultures for children to be abused	True/False
6	If Social services are involved, children are usually removed from their home	True/False
7	Children are resilient and recover quickly from abuse	True/False
8	Children under 5 are more likely to be abused than older children	True/False
9	More children are abused now than 20yrs ago	True/False
10	Children often lie about abuse	True/False
11	There is widespread reported occurrences of abuse in sport	True/False
12	Coaches have many opportunities to abuse children emotionally as well as physically	True/False
13	An organization whose requirements for a particular competition cause the performer to make abnormal changes to their body	Acceptable/ Not
14	A male coach entering a female changing room to talk before a competition	Acceptable/Not
15	A coach having sexual intercourse with one of his 16yr old Athletes	Acceptable/Not
16	A coach driving an 8yr old to exhaustion and tears during training	Acceptable/Not
17	A player calling another player names	Acceptable/Not