

Assessment Exercises for LEADS

Important. In all these exercises
two bowls should be delivered on
the forehand and two on the backhand

Maximum

Score 216

Short Jack set at 23m

Medium Jack set at 27m

Long Jack set at 31m

1. Draw past front bowl to Jack

	Forehand		Backhand	
Short				
Medium				
Long				
Total				

Max 36 pts

2. Draw to beat shot bowl

	Forehand		Backhand	
Short				
Medium				
Long				
Total				

Max 36 pts

3. Draw to Jacks

Set the Jack at a medium length
Bowl to each Jack in turn
2 on the forehand and 2 on the backhand

	Forehand		Backhand	
Centre Jack				
Right Jack				
Left Jack				
Total				

Max 36 pts

4. Draw to three Jacks

Set Jacks at short, medium
and long distances

	Forehand		Backhand	
Short				
Medium				
Long				
Total				

Max 36 pts

5 Draw to centre line

Short. Bowls must pass a short jack
Medium Bowls must pass a medium jack
Long Bowls must pass a long jack

	Forehand		Backhand	
Short				
Medium				
Long				
Total				

Max 36 pts

6. Draw between two bowls

Set up three bowls. On on the centre line
1m short of the jack. One on the left and
one on the right each 1m wide of the centre
line and 50 cms short of the length.

	Forehand		Backhand	
Short				
Medium				
Long				
Total				

Max 36 pts

Name	
Green Speed	
Club	

Total out of 216	
%	

Assessors Name	
Signature	Date