

**Assessment Exercises for Seconds**  
**Maximum Score 216**

**Important. In all these exercises two bowls should be delivered on the forehand and two on the backhand**

**1. Positional Draw**

**Short Jack set at 23m**

Set up as diagram. Bowl

**Medium Jack set at 27m**

2 bowls on forehand and

**Long Jack set at 31m**

2 bowls on backhand at each length

	Forehand		Backhand	
Short				
Medium				
Long				
Total				

Max 36 pts

**2. Draw round short bowl for shot**

Set up as diagram. Bowl as at 1 above

	Forehand		Backhand	
Short				
Medium				
Long				
Total				

Max 36 pts

**3. Draw to rest the shot bowl for shot**

Set up as diagram. Bowl as at 1 above

	Forehand		Backhand	
Short				
Medium				
Long				
Total				

Max 36 pts

**4. Push and Stay**

Set up as diagram. Bowl as at 1 above

	Forehand		Backhand	
Short				
Medium				
Long				
Total				

Max 36 pts

**5. Draw to wide jack**

Set up as diagram. Bowl as at 1 above

	Forehand		Backhand	
Short				
Medium				
Long				
Total				

Max 36 pts

**6. Trail the jack**

Set up as diagram. Bowl as at 1 above

	Forehand		Backhand	
Short				
Medium				
Long				
Total				

Max 36 pts

<b>Name</b>	
<b>Green Speed</b>	
<b>Club</b>	

<b>Total out of 216</b>	
%	

<b>Assessors Name</b>	
<b>Signature</b>	<b>Date</b>